

WELCOME TO THE UNIVERSITY OF TORONTO! LEADERSHIP EDUCATION & ACADEMIC PREP WORKSHOP

We are excited to provide workshops for your students. At the International Programs, providing memorable and thought-provoking educational experiences is at the helm of what we do.

Leadership Education & Academic Prep (LEAP) is a series of workshops facilitated by the International Programs, University of Toronto staff. The workshops foster leadership skills, critical thinking, thoughtful discussion, and academic preparation for high-achieving and goal-oriented high school students as they prepare to transition into post-secondary education. With a transferable skillset in mind, students build on what it takes to be leaders in and out of the class, learn how interpersonal skills are essential in an academic setting, and understand why varied viewpoints on a topic are fundamental for academic and worldly success.

Questions? Feel free to reach out to our team if you have any questions, concerns or even if you just want to say hi! We can be reached at internationalprograms@utoronto.ca and we'll be happy to help. We look forward to seeing you very soon!

From the International Programs Team

CONNECT WITH US!



Instagram

[@ut_intlprograms](https://www.instagram.com/ut_intlprograms)

Come join us on our community on Instagram.

MEET SOME OF THE TEAM

Our team has some exciting activities planned for the students! These are some of the people you may meet.



Nicola Carozza
*Assistant Director
International Programs*



James Boswell
*International & Summer Programs Coordinator,
International Programs*



Sagebelle Wu
*Recruitment & Communications Manager,
International Programs*



Misha Vorotyntsev
*Recruitment Assistant,
International Programs*

LEARNING GOALS

Our workshops cover many learning goals – listed here is a non-exhaustive list.

- 1. Engage in open-ended discussion in meaningful and practical ways**
 - develop and extend upon ideas to engage in respectful back-and-forth discussion
 - critically examine and understand a message on the speaker's own terms, not just your own
- 2. Learn how to ask and answer thoughtful questions**
 - help the audience follow your ideas by using organizational strategies when you speak
 - ask and encourage open ended questions that focus on Why? and How?
- 3. Revisit how to argue, defend, and persuade an idea**
 - demonstrate confidence and knowledge on a topic while explaining the necessity of an idea
 - provide evidence to support a claim or reasoning for a personal belief
- 4. Identifying and questioning assumptions about other people and situations**
 - identify common cognitive biases and how to counteract them
 - demonstrate increased self-awareness of your own biases, and of how to counteract them
 - demonstrate increased awareness of culture-specific norms and customs (in yourself and others), and of how to react and express yourself accordingly
- 5. Academic demands on university students and strategies for success**
 - Demonstrate an awareness of the difference between acquiring/displaying knowledge and critical thinking
 - Demonstrate an understanding of the basic principles of academic integrity
- 6. Debate**
 - work with a team to research, support, and articulate an idea
 - present a side to a topic and counter-argue
- 7. Values**
 - Explore personal values and how they lead to decision-making and representation in the community
 - Explore how values transcend to leadership and vice versa

WORKSHOP TYPES

Days	Learning Goals	Topics
1-day Total time: 3 hours	1. Engage in open-ended discussion in meaningful and practical ways 2. Learn how to ask and answer thoughtful questions	Arts: Music, language, and expression (CEFR B2+) Business: Management Boardroom Meeting (CEFR B1+) Health: STRIPES Convention (CEFR B2+) Survival: Critical thinking in a real-life situation (CEFR B1+) World Auction: (natural) resources, sustainability, UDHR (CEFR C1+)
3-days Total time: 3 hours/day 9 hours/week	1. Engage in open-ended discussion in meaningful and practical ways 2. Learn how to ask and answer thoughtful questions 3. Revisit how to argue, defend, and persuade an idea 6. Preparing for debate	-ways to have a better discussion -principles of a dialogue -surprising power of questions -critical thinking questions -problems and solutions – boardroom discussions -verbal boxing
5-days Total time: 3 hours/day 15 hours/week	1. Engage in open-ended discussion in meaningful and practical ways 2. Learn how to ask and answer thoughtful questions 3. Revisit how to argue, defend, and persuade an idea 4. Identifying and questioning assumptions about other people and situations 5. Academic demands on university students and strategies for success 6. Preparing for debate	-ways to have a better discussion -principles of a dialogue -surprising power of questions -critical thinking questions -problems and solutions – boardroom discussions -verbal boxing -preparing for a formal debate -conducting a formal debate

Workshops are always in development – if you have a topic in mind, please ask one of our recruiters.

5-DAY WORKSHOP - BUSINESS AND SUSTAINABILITY

The following is an example of a 5-day workshop. The 3-day workshop would also be modeled loosely on this. *Please note: We have some flexibility in curating workshops to meet the needs of schools and partners.*

The 5-day workshop encompasses scaffolded skill development, global citizenship, business skills, and leadership. Listed below is an overview of the 5-days. *Please note: Curated workshops are also possibly depending on timing and needs.*

Day	Topics	Overview
1	Leadership & Values	<ul style="list-style-type: none"> -What are values? -Who am I? Who are we? -How are values connected to leadership? -Cognitive and Metacognitive connections to philosophical questions -Values and Leadership as transferrable skill assets for the future
2	Sustainability	<ul style="list-style-type: none"> -What are the United Nations Sustainable Development Goals? -What is the Universal Declaration of Human Rights? -Community commitment to sustainability -Student commitment to sustainability
3	Thinking Globally Acting Locally	<ul style="list-style-type: none"> -How do local businesses support sustainability? -What actions can be taken on a small scale? -How do local actions affect the global situation? -Business plans and models
4	3-hour Challenge	<ul style="list-style-type: none"> -Activity: Timed challenge assigned with key components (including design and research)
5	The Pit (Pitch, Interrogate, Take Action)	<ul style="list-style-type: none"> -Presenting the student challenges -Students pitch their ideas for change -Students ask questions about business plans -Students demonstrate how to take action

WORKSHOP SETUP

Workshops should be conducted in spaces that have access to the following:

- Wi-Fi
- Screen and LCD Projector
- Access to sound
- HDMI and VGA connections and cables
- Tables or Desks set up in small groups
- White board with board markers and/or chalkboards with chalk
- Chart paper/flip chart stand

**The workshop facilitator will use their own laptop.*

WORKSHOP SUPPLIES

Prior to the start of the workshop, the workshop facilitator will confirm with the school and/or organizers the following items:

- Supplies needed for the workshop (pencils, pens, markers, etc.)

**The workshop facilitator will supply all photocopies.*